

Add 1950's Details To Garments With Heart Shaped Pockets & Bows

It's Sew Easy

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Steps:

1. Start by cutting 2 pieces of fabric in an identical heart shape.
2. Place both heart cut pieces of fabric with right sides together. Pin if needed.
3. Begin stitch on the side at the straightest edge of the heart shape. At a 2.5 stitch length, backstitch before continuing to sew along the raw edges of the fabric with 1/4" seam allowance.
4. Sew all the way around the edge of the heart shaped pieces, pivoting at points, leaving 1"-2" space between your first and last stitch so there will be a space to open. Backstitch.
5. Use your pinking shears to cut away the excess fabric in the seam allowance. Snip close to the seam but not close enough to cut through your stitching.
6. Turn your heart shape right side out through the opening at the side. Use your turner tool to help you gently push out corners and curves.
7. Iron your heart shape flat.
8. Using a different fabric, cut 2 identical 3 1/2" x 2 1/2" rectangle shapes to create the bow.
9. Place cut pieces right sides together. Pin if needed.
10. Backstitch and begin sewing in the center of the longest edge at a 2.5 stitch length.
11. Sew all the way around the rectangle shape with a 1/4" seam allowance, pivoting at corners.
12. End seam with a 1"-2" space from your first stitch. Backstitch.
13. With your straight edge shears, clip the seam allowance at corners of the rectangle without cutting through your stitching.
14. Turn fabrics right side out through the opening you sewed. Use your turner tool to help you gently push out corners.
15. Iron bow flat so that it makes a nice rectangle shape.
16. Change the stitch length on your sewing machine to 4.0.
17. Without backstitching, sew down the rectangle in the centerfold of the shortest side.
18. Clip thread to leave you enough grip to pull the bobbin thread of the center stitch which will naturally turn your flat rectangle piece into a beautifully gathered bow.
19. Change stitch length on your sewing machine back to 2.5.
20. Place bow on top of your heart shape pocket and sew in place down the center of the bow over your last stitch.
21. Clip any extra hanging threads.
22. Sew your heart shaped pocket onto aprons, dresses, or blouses to bring an easy 1950's detail!

