

# Ruffled Boot Cuffs

**Skill Level: Beginner**

## Supplies:

- 1 pair of store bought socks
- Buttons/snaps
- 36" of  $\frac{3}{4}$ " to 1" wide lace trim
- All Purpose Thread to match your lace trim
- Fine weight thread matching your lace trim

## Tools:

- Ruffler foot
- Button Attaching foot
- Basic sewing supplies

## Instructions:

1. Prep your sewing machine for the ruffler foot.
2. Before you start stitching measure your calf circumference to determine how long your ruffle should be. (This is the widest area under your knee.) Double this measurement and add about 5" for safety. As a general rule of thumb, I like to create 1 yard or 36" of my gathered trim. This will allow enough for a pair of socks.
3. Gather your trim.
4. Return your machine to a standard set up. Thread machine with fine weight thread. Set stitch to a small zig zag. Reduce the width and length. This will help bury the thread inside the trim. Reasons for using zig zag: This is a movable stitch that is more fluid than the standard straight stitch. It has the ability to stretch with the ribs of the sock and retains memory when off the body.
5. Pin trim in place along the top edge of your sock. I like to start along the outside edge and stretch the sock ribs to the widest point as pinning. (This will look funny now but will make more sense when we are sewing.) Pin all around the top edge; when you hit your starting point fold trim on a 90 degree angle to create a right turn down. Pin in place.
6. It's time to head to the machine and sew in the round, remove the base of the machine to expose the arm. Slide your sock over the arm and begin sewing on the outside of along the edge. Rotating your sock as you stitch. This process will take your time- slow and steady will win the race on this one.
7. Now, it's time to embellish your sock with a button or snap. For button, switch presser foot to the button attachment. Switch your stitch set up to a button lock stitch and return to all purpose thread that matches your buttons. Stitch in place. For snap, refer to package instructions.

Trim any loose threads and repeat for the other sock.

**Tips on using the ruffler foot include:**

- Pre load your bobbin in the correct color before attaching your foot. (I know it seems simple but that foot is large and you will not be able to switch it out later.)
- The ruffler foot offers a wide selection of small pleats and gathers. Be sure to test before stitching your lace.
- Use the fabric guide bar to maintain a consistent seam allowance while ruffling your trim.

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