

Appliqué Footstool

Donna Babylon

Adapted from: *Decorating Sewlutions: Learn to Sew as You Decorate Your Home* (Windsor Oak Publishing, 2010)

Materials Needed

¾ yard of medium weight fabric for main cover and underside
¾ yard lining fabric
Home Foam by Warm Products (15" by 17")
Soft Soft High Loft Batting by Warm Products
Steam-a-Seam Paper-backed Fusible Web (9" by 11" sheets) by Warm Products
Steam-a-Seam Paper-backed Tape (1/2" wide) by Warm Products
15" by 17" piece of your favorite stabilizer
10" by 6" scrap blue print fabric for bird body
4" by 6" scrap gold print fabric for chest
2" by 8" scrap tan print fabric for wings, throat, and tail
8 ½" by 10" scrap light green fabric for tree branch
8" square scrap green fabric for leaves
4" square scrap blue fabric for leaves
10" square scrap white fabric for accents
3" by 9" scrap pink fabric for star blossoms
Assorted threads to match appliqué fabrics
15" by 17" plywood (¾"-thick)
Four wooden table legs
Black spray paint
Scissors

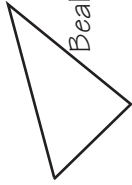
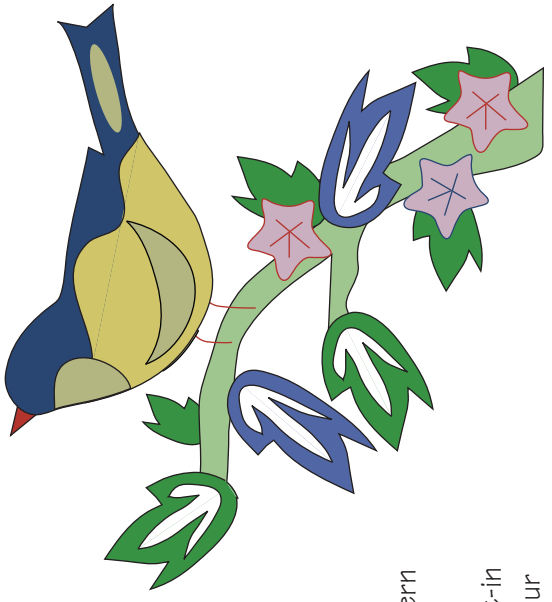
Cutting Instructions

1. Cut the main fabric into a 25" by 27" rectangle. Cut another rectangle 15" by 17" and set this one aside.
2. Trace the appliqué shapes onto the paper side of Steam-a-Seam sheet. Remove the paper backing and fuse to the wrong side of respective fabrics following manufacturer's instructions.
3. Cut out each shape on the drawn lines.
4. Using the color image on the pattern page as a guide, layer and arrange the shapes on the 25" by 27" fabric. When placing the fabric, keep in mind that the fabric will be wrapped around the foam and board. When pleased with the arrangement, fuse the shapes to the fabric.
5. Place stabilizer against the wrong side of the fabric directly under the embellishment area. Appliqué the shapes to the fabric using either a satin, straight, or wide zigzag stitch depending on the look you want.

Finishing the Footstool

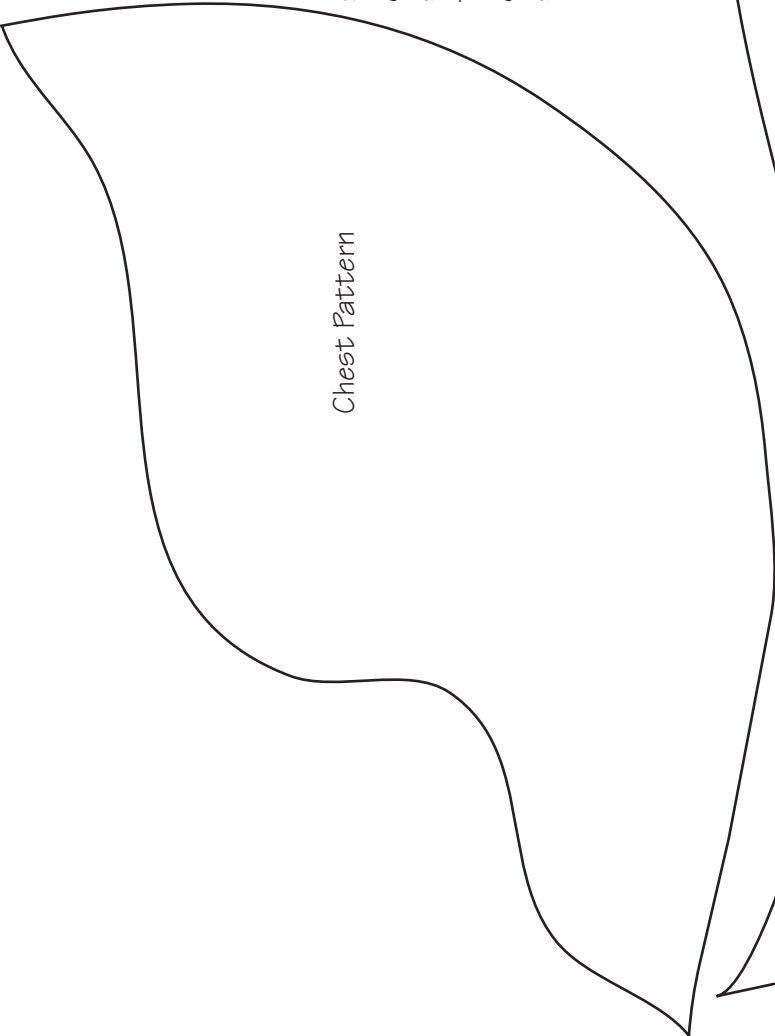
1. Work in a well-ventilated area and spray paint the legs.
2. Cut the batting into a 21" by 24" rectangle. On a large, flat work surface place the batting. Center the foam, followed by the wood base on top of the batting.
3. Bring one edge of the batting up and over the wood and staple ½ inch in from the edge. Directly opposite this staple, do the same thing. Repeat at each side edge.
4. Continue stapling the batting to the wood. Keep the batting smooth and arrange the batting around each corner with the minimum of tucks by gently pulling on the batting until smooth. Trim excess batting as necessary to eliminate bulk.
5. Now center, stretch and staple the lining fabric (cut 22" by 25") over the batting. Make the corners as smooth as possible. Trim excess fabric to eliminate bulk.
6. Place the appliquéd front, wrong side up on work surface. Place the footstool top right side down on fabric. Bring one edge of the fabric up and over and staple along the edge of the fabric (but not too close because fabric may pull out). Directly opposite this staple, do the same thing. Repeat at each side edge.
7. Turn the footstool top over and make sure the fabric is smooth over the top and sides and the appliquéd area is in the appropriate position. Then turn it back over and secure the fabric to the wood. Pull the fabric taut as you do this to keep it smooth. Trim any excess fabric for a neat finish.
8. Fuse Steam-a-Seam sheets to wrong side of the 15" by 17" rectangle covering the entire surface. Do not remove the release paper yet. Now fold under ½" toward the wrong side and fuse the tape on the right sides of these seam allowances. Remove all paper (both sheets and tape) and place on the wrong side of the footstool top to cover all the raw edges with the folded edges tucked under. Fuse to secure.
9. Decide on placement of the legs (they should form a square). Following the package directions for the legs, screw them into the wood.

Note: Pattern pieces are reversed and ready to trace onto paper side of Steam-A-Seam 2. Dotted lines are suggested placement lines.

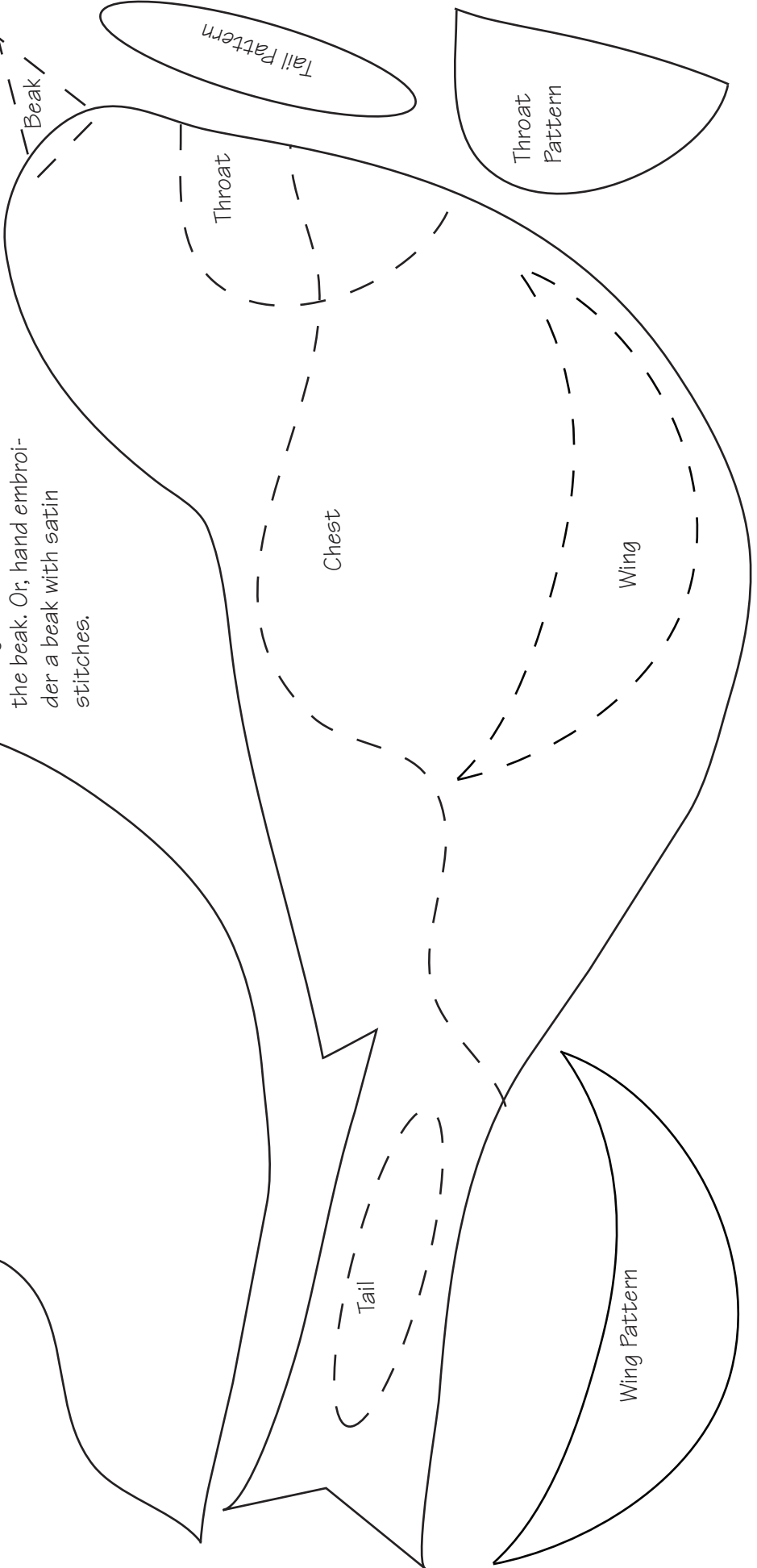


Beak Pattern

Suggestion: Use a built-in decorative stitch on your sewing machine to create the beak. Or, hand embroider a beak with satin stitches.



Chest Pattern



Tail Pattern

Throat Pattern

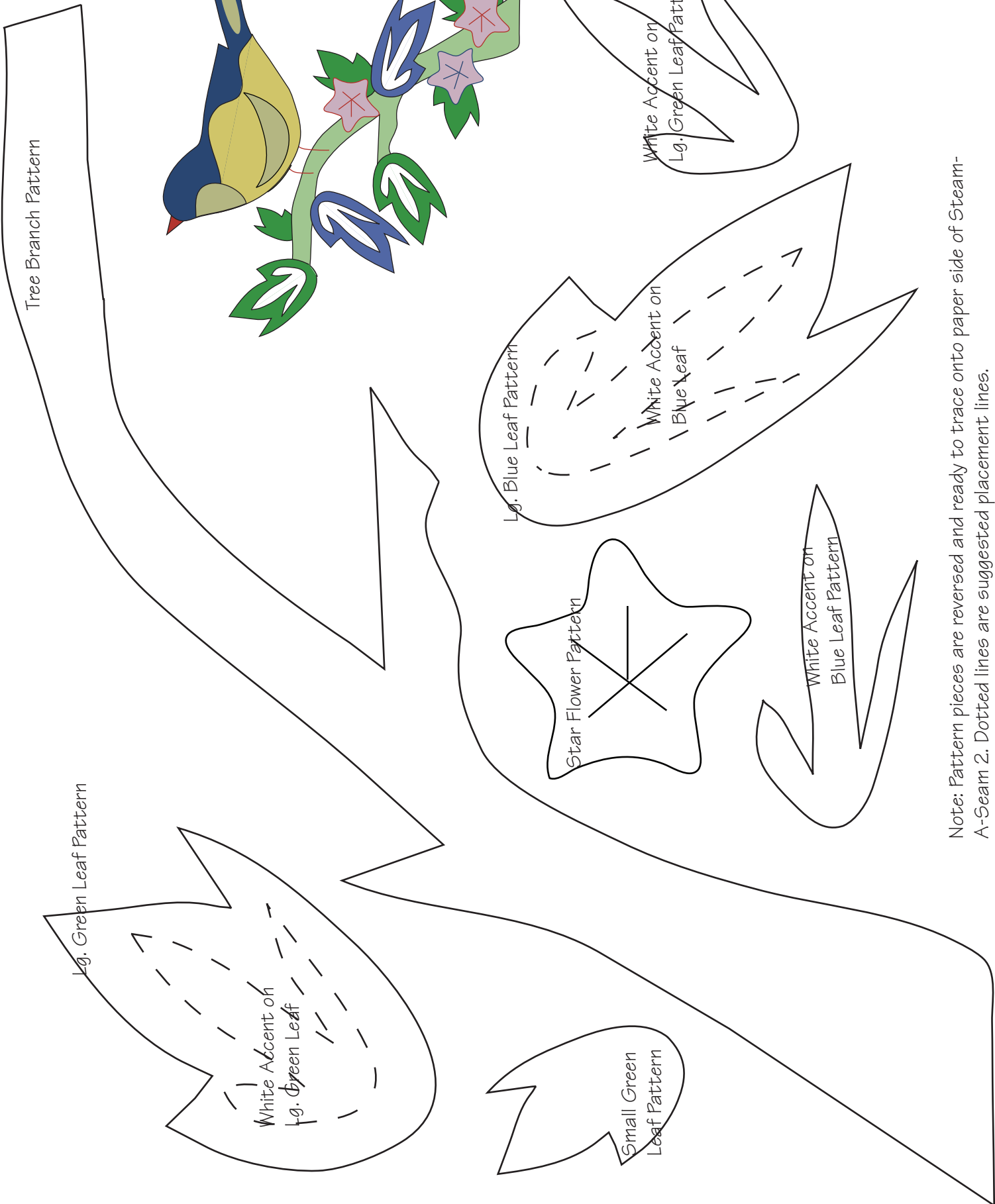
Throat

Chest

Wing

Tail

Wing Pattern



Tree Branch Pattern

Lg. Green Leaf Pattern

White Accent on
Lg. Green Leaf

Small Green
Leaf Pattern

Star Flower Pattern

Lg. Blue Leaf Pattern

White Accent on
Blue Leaf

White Accent on
Lg. Green Leaf Pattern

White Accent on
Blue Leaf Pattern

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