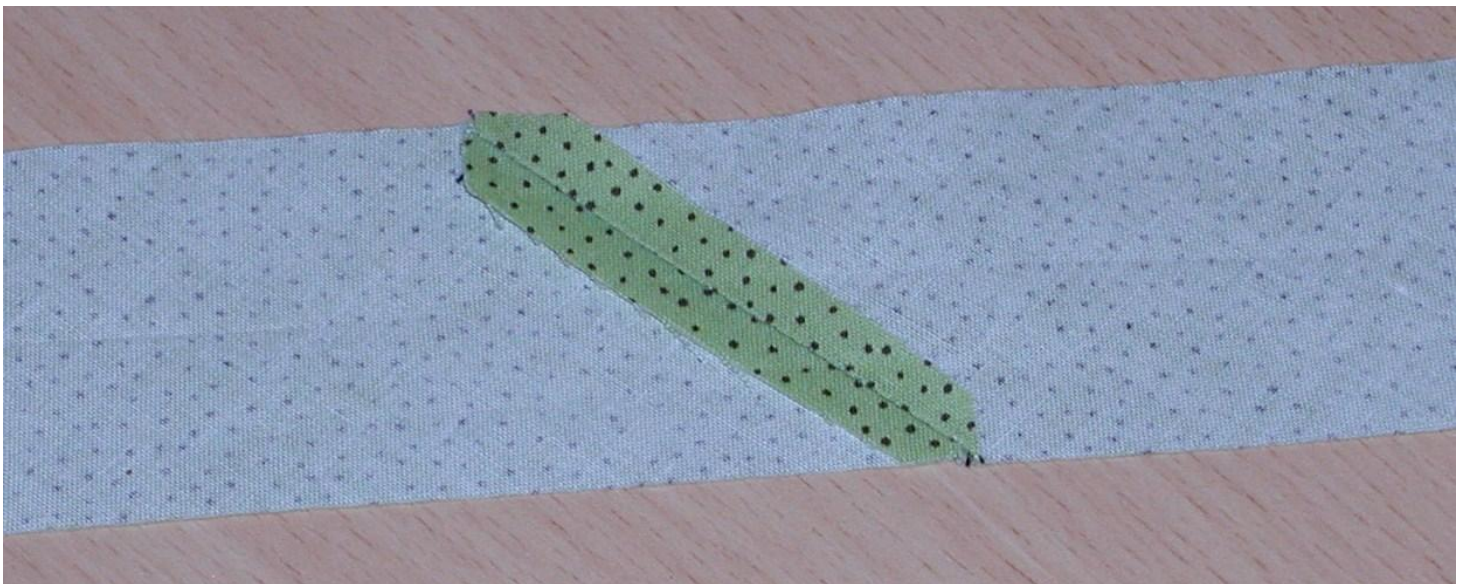


209-2

Tricia Waddell demonstrates making seam binding out of any fabric for quilts and garments.



## Custom Seam Binding

### Fabric

- Light- to medium-weight fabric

### Supplies

- Matching thread

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- Rotary cutter and self-healing cutting mat
  - Straight edge ruler

### Notes

- Determine the desired finished width of the binding, and cut your diagonal strips to double the finished width. For example, if your finished binding is 1" wide, cut the diagonal strips to 2" wide.

### Instructions

1. With right side of fabric facing up, fold one cut end of the fabric to meet one selvedge, forming a fold at a 45-degree angle to the selvedge.
2. With the fabric placed on a self-healing cutting mat, cut off the fold with a rotary cutter, using a straightedge as a guide to make a straight cut. With the straightedge and rotary cutter, cut strips to the desired width.
3. Lay two strips right sides together, at right angles. The area where the strips overlap forms a square. Sew diagonally across the square. Trim the excess fabric  $\frac{1}{4}$ " away from the seamline and press the seam allowances open. Repeat to join all the strips, forming one long fabric band.
4. Double-Fold Binding: This option will create binding that is similar to packaged double-fold bias tape/binding. Fold the strip in half lengthwise, with wrong sides together; press. Open up the fold and then fold each long edge toward the wrong side, so that the raw edges meet in the middle. Refold the binding along the existing center crease, enclosing the raw edges, and press again.
5. Double-Layer Binding: This option creates a double-thickness binding with only one fold. This binding is most commonly used on quilts. Fold the strip in half length-wise with wrong sides together; press.

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