

Segment Title: Embroidered Pajama Set with Asian Accents

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Created with the Brother XV8500D **Dream Machine™**

Basic steps to create this Pajama Set:

- Channel quilt fabric to prepare for embroidery.
- Embroider border designs for pant and sleeve cuffs, along with pockets as desired.
- Create bias loops for button and loop closure.

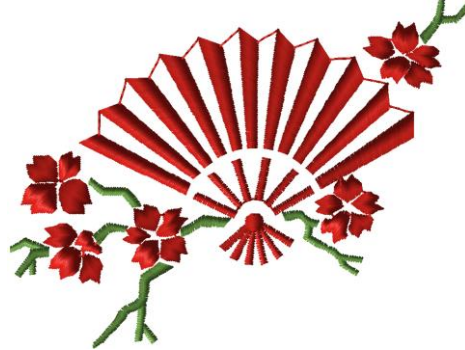
I think fancy pajamas are one of life's little luxuries! Embroider and sew your own special set of Asian style pajamas by using a basic pattern and adding a few trims, or use the Folkwear pattern featured here. For a standard pattern you can create the addition of cuffs by cutting the pattern and adding seam allowance to each cut edge as show in this episode. I opted to use a Folkwear pattern that includes authentic Asian style accents and styling. Fashioned from a fabric blend with cozy light weight flannel on the inside and silky satin on the outside they are a comfortable and classy outfit to rest, relax, and lounge around in! Adding embroidered bands to the channel quilted cuffs is the perfect way to personalize your pajamas and make use of some gorgeous embroidery designs.



Are you ready? Let's go sew!

Materials and Supplies featured in this episode:

- [Brother XV8500D Sewing and Embroidery Machine](#)
- [Brother Embroidery Thread and Bobbin Thread](#)
- [SA5810](#) Brother Medium Weight Tear-Away Stabilizer
- Size 12 topstitch needle for embroidery on satin, or standard size 11 embroidery needle for embroidery on most other fabrics.
- Size 10 Microtex sharp needle for sewing satin fabric.
- Brother Embroidery Hoops appropriate for embroidering the pocket and cuffs. I used the following hoops:
 - ❖ 4-inch hoop for pocket embroidery
 - ❖ [Border Hoop for top and pant cuffs](#)
- Embroidery designs such as the ones featured here from the Brother [SAEMB2500](#) collection of designs. I used the following:
Motif No. 01-56413 and No. 01-56420 from the Cultural motifs folder



- Optional: Brother Software for importing design files from the machine to print precise templates, and paper or transparency medium for printing templates from software.
- Sewing thread to match fabric for construction and for quilting layers together.
- [Folkwear Pattern #145](#) - Women's sizes extra small to extra large and men's medium to 2X large.



- Fabric suitable for pajamas. I selected a flannel-backed lightweight satin for my embroidered top and pants, using two complimentary shades of the same fabric. **Note:** Purchase approximately ½ to 1 yard of additional fabric for embroidering oversized sections of fabric, testing designs, and making the bias loops for accenting the button closure. Quality cotton would also work for your fabric selection. For an alternative idea you can use two coordinating fabrics, creating contrast bands in place of embroidered bands.
- Flannel, or all bias fusible Interfacing for backing yokes and cuffs. I used a very lightweight cotton flannel for backing the cuffs and lightweight all bias fusible interfacing as a backing for the pockets. I chose flannel because it has a slight loft but is not bulky. It also adds an element of stabilization to the satin fabric. If you are using flannel be sure to thoroughly shrink the fabric before using it.
- Review the pattern for additional notions and fabric requirements.
- To create the bias loop closure you will need the following supplies:
 - ❖ Brother straight stitch throat plate and straight stitch foot.
 - ❖ [Dritz Loop Turner](#)
 - ❖ Optional – Seam Sealant

Basic Steps for Embroidering cuffs for the top and pants.

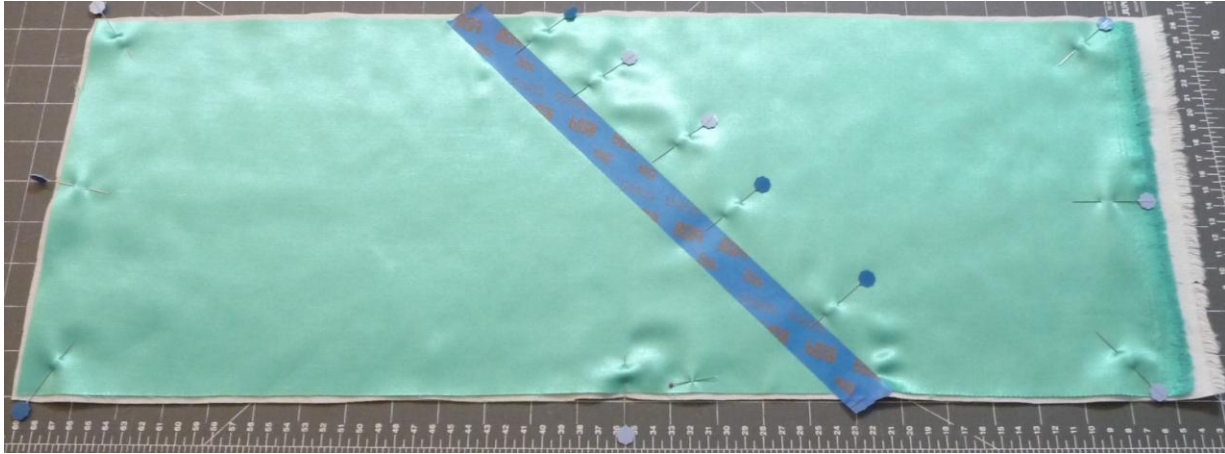
Step 1. Select an embroidery design that is not too large or dense. I recommend testing the design on a piece of your actual fabric layered with backing and stabilizer. In most cases you will need to add a layer of light weight tear-away stabilizer during the embroidery process. In the Edit mode of the Brother Dream Machine it is also possible to slightly reduce the density of designs making them a bit lighter in weight with a lower stitch count. In most cases this does not affect the design but it is a good idea to test the results before stitching on your actual project. See an example of this process below:

Select your design and touch SET. Access the SIZE key in Edit mode, and then touch the RE-CALCULATION key. Touch minus and reduce density to 80%.

Note the difference in the stitch count and stitching time for the design shown below.

Design State	Dimensions (H x W)	Stitch Count	Stitching Time
Original design before density adjustment	3.31" x 3.08"	8325	18 min
Modified design after density adjustment, with density reduced by 20%	3.31" x 3.08"	8214	16 min

Step 2. Cut an oversized piece of fabric and flannel using the cuff pattern as a general guide. You will need to compare your pattern to the hoop you are using and then cut the pieces slightly larger. Set up machine for sewing to channel quilt the layers together. Mark a diagonal (bias) line across the fabric rectangle and mark using low tack tape or a removable marker. Sew the first line using the MuVit™ foot, standard foot with guide, or a walking foot. Space additional lines across the fabric using the width of the presser foot as a guide. Mark the diagonal line for sewing lines in the opposite direction and complete the quilting in the same manner. Repeat this process for each band you will embroider. Note: I used tone on tone thread for my stitching. See photos below:

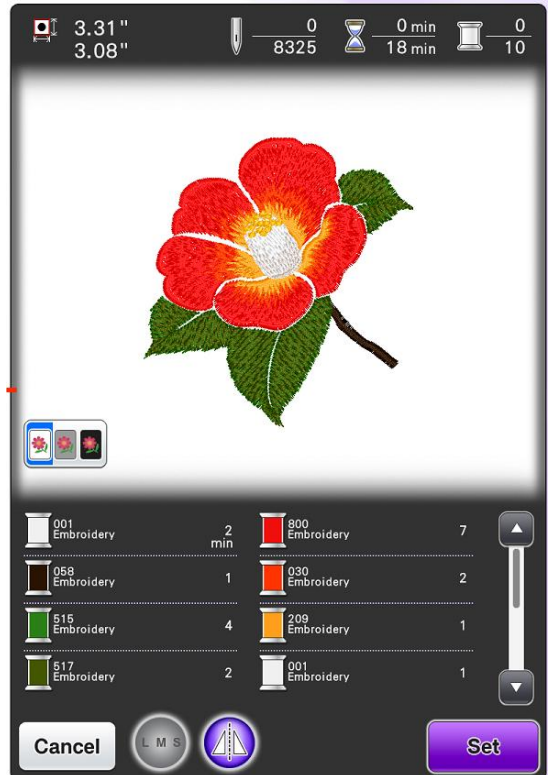


Completed Piece – Ready for Embroidery



Step 3. Prepare to embroider. Build a repeat pattern for the border. I used motif No. 01-56413. Take care to adjust the spacing and the amount of motifs to fit within the area of your actual pattern piece. Below you can see an example of a repeat border using a design built into the machine:

Select the design and touch SET. Use density adjustment in Edit mode if desired.





In the set mode select the border hoop. Touch Repeat Pattern function key

Add designs, adjust spacing, and finish by centering the entire group within the hoop frame.

The screenshot shows the embroidery software interface. On the left, the 'Embroidery Frame Display' is highlighted with a red box, showing a vertical hoop with dimensions 11-3/4" x 4". Below it, various settings are visible: #123 ABC, #123 Embroidery, Max Embroidery Speed 1050 spm, Embroidery Tension 00, and Embroidery Foot Height 0.300". An 'OK' button is highlighted at the bottom right. On the right, the main display shows three red hibiscus designs arranged vertically within a hoop frame. A control panel on the right includes an 'Edit' button, a vertical layout icon (highlighted with a red box), and instructions: 'Use vertical layout for border hoop.', 'Add more designs above and below the first.', 'Space designs within the hoop, without filling the entire hoop.', and 'Center the completed group.' The center button in the directional pad is also highlighted with a red box.

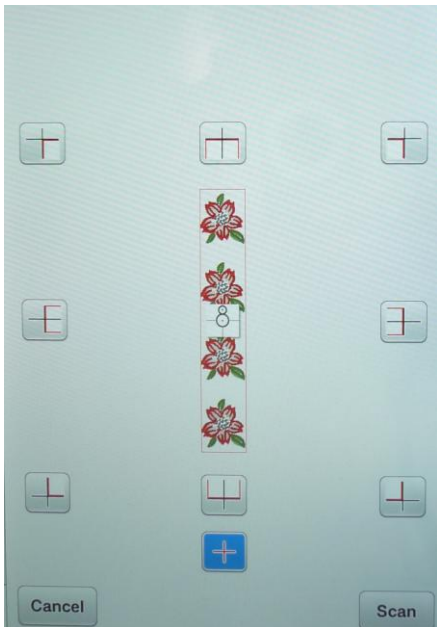
Proceed to Embroidery screen Note how the machine colors sorts the border design to minimize thread changes!

The screenshot shows the embroidery screen. At the top, it displays '24634', '0 min', and '30'. Below that, it shows dimensions '11.35" x 3.08"' and '0.00" x 0.00"'. An 'Edit' button is visible. The main display shows three red hibiscus designs arranged vertically. To the right, a thread sequence list is shown, sorted by color to minimize thread changes:

001 Embroidery	2 min
001 Embroidery	2
001 Embroidery	2
058 Embroidery	1
058 Embroidery	1
058 Embroidery	1
515 Embroidery	3
515 Embroidery	3
515 Embroidery	3

At the bottom, there are buttons for 'Return', a scissors icon, a needle icon, a square icon, and 'Memory'.

For positioning you can use a Snowman® Embroidery Positioning Marker to mark the center point and then scan the fabric in the hoop for perfect placement. If you choose to use this method you will need to make sure that your design is somewhat smaller than the hoop area or the scanner will not have room to recognize the position for the center point.

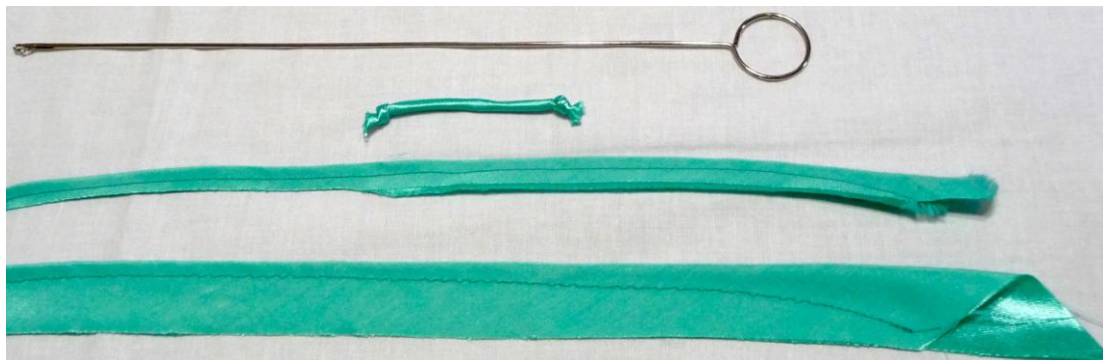


Step 4. Embroider your selected cuff pieces. When finished with cuff embroidery you can use your actual patterns to cut the fabric to size. Prepare pocket pieces for embroidery by cutting oversized pieces of fabric and channel quilting in the same manner as you did for the cuffs. Embroider pockets as desired. You may want to quilt some pockets without adding embroidery. See example below:



Construct the pajamas as per the pattern instructions. For the closure I chose to make simple knotted loops and used color match buttons along the center front. You could also purchase frog closures or make your own. Here are the instructions for making the knotted loops.

1. Cut bias strips of fabric measuring 2-inches wide. For best results I recommend setting up the machine for sewing with the straight stitch throat plate and straight stitch foot.
2. Fold strip in half with right sides together. Begin sewing close to the raw edge and then gradually guide the fabric strip so the fold is along the edge of the presser foot. Stretch the strip slightly and sew with the edge of the presser foot along the fold.
3. Trim the excess seam allowance so it is slightly less than the stitched portion of the strip.
4. Insert the loop turner from the narrow end of the strip and then catch the hook at the top where the opening is wider.
5. Pull the loop to the right side. Press, stretching the loop slightly as you press.
6. Cut loops to desired length, knotting each end. You can use a small amount of seam sealant to treat raw ends if desired. I chose to leave mine raw.



7. Hand sew loops to pajama top, tacking the end to form a loop that will fit around your button.

Enjoy wearing your luxurious new Asian style pajama set!

Additional Resources:

- Folkwear.com – [Patterns with Timeless Style](http://Folkwear.com)
- Visit the Brother web site at www.brother-usa.com for Free embroidery designs, project instructions, and tutorials.
- Visit your local [Brother sewing machine dealer](#) for Brother Machines, Brother software programs, and special machine accessories to help you create custom items that rival the best in ready to wear.
- Please visit me at my Sewing and Embroidery website, www.letsgosew.com for more tips, techniques, videos, and free downloads. Sign up for updated sewing ideas and inspiration, free project ideas, and more when you visit www.letsgosew.com.
- Find me on Facebook - <https://www.facebook.com/letsgosew/>

Happy Sewing!